



SAILING INSTRUCTIONS

Encinal Yacht Club Jack Frost Series, 2009-2010

1. **RULES:** Races will be governed by: The Racing Rules of Sailing, 2009-2012 (RRS), Prescriptions of US Sailing Class Association Rules, as they are defined by these Sailing Instructions, the Notice of Race and by these Sailing Instructions.
2. **SAFETY:** Yachts shall not impede the passage of a vessel, which can safely navigate only within a narrow channel or fairway, (see US Dept. of Commerce chart 18649 for designated narrow channels and fairways of SF Bay) or fishing or other vessels with restricted ability to maneuver. Yachts identified by sail number who endanger their own safety or that of the commercial or government vessel will be subject to protest by a Race Committee (RC) or contestant and face possible disqualification. A protest for allegations of the above will be heard by a protest committee whether or not the requirements of RRS61.1 (a) & (b) have been fulfilled or exclusions referenced in RRS 60.2(a) have been met. A DSQ for a safety violation shall be considered as disqualification not excludable (DNE).
 - 2.1. **MINIMUM EQUIPMENT:** Yachts must comply with the United States Coast Guard's requirements for recreational vessels, RRS 1.2, and minimum additional equipment prescribed by her Class Association.
3. **ENTRIES:** Eligible yachts may enter the series by submitting an application and entry fee to the Encinal Yacht Club. Yachts competing shall have a valid NCPHRF certificate or be a member of their class association.
4. **SCHEDULE OF RACES:**

RACE DAY #1 SATURDAY, NOVEMBER 14, 2009
RACE DAY #2 SATURDAY, JANUARY 23, 2010
RACE DAY #3 SATURDAY, FEBRUARY 27, 2010
RACE DAY #4 SATURDAY, MARCH 27, 2010
5. **DECISION TO RACE:** A yacht is solely responsible for deciding whether or not to start or to continue racing.
6. **NOTICES TO COMPETITORS:** Notices to competitors shall be posted on the EYC Notice Board no later than 0900 hrs. The EYC Notice Board is located in the bar area of the club. As a courtesy to racers and time allowing, notices may be posted at the club's web site: www.encinal.org.
7. **SIGNALS MADE ASHORE:** Abandonment of a race may be made in front of the EYC clubhouse no later than 0900 hrs. No other signals shall be made from shore.
8. **STARTING AND FINISHING LINES:** The starting area will be in the area between Treasure Island and Berkeley Circle. Weather conditions will dictate the position of the starting area. The Start Line shall be a line between an orange flag on the R/C boat and an orange inflatable mark. The R/C boat may set a limiting mark close to her and on the same end of the starting line. The limiting buoy shall not be considered part of the actual starting line. No yacht shall pass between the limiting mark and the R/C boat. There will be a separate Finish line which will be on the starboard side of the RC boat, opposite the Starting line (see course diagram). It will be delimited by an orange flag on the RC boat and an orange ball or inflatable mark.

9. **THE COURSE:** Course descriptions are on Attachment 1. Attachment 1 will be available at 1800 hrs, Friday, November 13th at the Encinal Yacht Club and online at: www.encinal.org. Attachment 1 is a part of these sailing instructions.
10. **MARKS:** Windward mark will be an orange inflatable mark. The leeward mark will be a yellow inflatable mark. Offset marks shall be orange ball buoys.
11. **THE START:** Races shall be started in accordance with Rule 26. The Warning Signal for each succeeding class shall be made *with or after* the starting signal of the preceding class. Yachts shall not start later than 10 minutes after their signaled start.
12. **SCHEDULE OF RACES:** The first warning gun for each race will be fired at 1130 hrs. The starting sequence shall be supplied in Attachment 1
13. **RECALLS:**
 - INDIVIDUAL RECALLS:** For RRS 29.1, the race committee may attempt to hail vessels on VHF channel 66. The failure of the R/C to hail a yacht or the yacht's inability to hear a hail shall not relieve her of her responsibility, and shall not be grounds for redress.
 - GENERAL RECALLS:** Change RRS 29.2 to read: when recalled, all yachts of the starting group will restart at the next starting sequence using the same course as previously signaled. The First Substitute will be dropped one minute before a new Warning Signal is made for the restart. All following groups will start after the preceding sequence. If there is a second General Recall, that group will start after the last scheduled group of starters in the first starting sequence.
14. **SECOND RACE:** Some divisions/classes will race 2 races per day, weather permitting. Divisions/Classes to race 2 races per day will be identified in Attachment 2. The R/C will make repetitive sounds with a horn and hail the appropriate divisions/ fleets on VHF channel 66 approximately one minute before the first Warning Signal of the second race. The order of starts in the second race may differ from that of the first race.
15. **TIME LIMIT:** All yachts in a division must finish within 30 minutes of the first yacht in that division to finish the race. Any yacht not finished within the time limit shall be scored "DNF". Any yacht not finishing by 1700 hrs shall be scored "DNF".
16. **SCORING SYSTEM:** The low point scoring system shall be used. Ties shall be broken in accordance with RRS A7 and A8. If four races are completed, there will be one throw-out.
17. **PROTESTS:** Protests shall be submitted in writing in accordance with RRS 61.2 to the Encinal Yacht Club office no later than 1700 hrs on the day **after** the race. Protests shall be heard at 1900 hrs the first Thursday after the race. Protest hearings will be held at the club.
18. **TROPHIES:** Fleets with 6 yachts or less will be awarded trophies for 1st and 2nd place. Fleets with 7-9 yachts will be awarded 1st through 3rd place. For larger fleets, more places will be awarded trophies. Trophies will be awarded at Encinal Yacht Club immediately after the last race of the series.
19. **ON THE WATER COMMUNICATIONS:** RRS 25 is amended to allow for on-the water radio communications between the R/C and racing yachts on VHF channel 66.