



2016 Millimeter Nationals

September 10-11 on the Oakland/Alameda Estuary

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2013-2016*.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the bar area at the Encinal Yacht Club.

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1000 on the day it will take effect except that any change to the schedule of races will be posted before 2000 on the day before it will take effect.

4. SCHEDULE OF RACES

Ten races are scheduled. The first warning signal on each day shall be at 1200. It is the intent of the Race Committee to run six races on Saturday and four races on Sunday. However, a maximum of seven races may be conducted per day.

5. COURSES AND MARKS

Courses may be signaled by a black numeral on a white board or orally.

Course	Mark Order	Description
1	S---1p---2p---F	(one lap)
2	S---1p---2p---1p---2p---F	(two laps)
3	S---1p---2p---1p---2p---1p---2p---F	(three laps)
4	S---1p---F	(half lap)
5	S---1p---2p---1p---F	(one and a half laps)
6	S---1p---2p---1p---2p---1p---F	(two and a half laps)

Mark	Description
S	Start Line (Orange Shape on Committee Boat to Orange buoy)
1	Windward Mark (Yellow or Orange sphere or cylinder)
2	Leeward Mark (Yellow or Orange sphere or cylinder)
F	Finish Line (Orange Shape on Committee Boat to Orange buoy)

Marks 1 and 2 are rounding marks and shall be rounded to port. The Start/Finish line is not restricted.

6. STARTING AND FINISHING LINES: STARTING SYSTEM

The starting and finishing lines will be between an Orange Shape on the Committee boat and an Orange buoy and will be located approximately 0.25 Miles NE of the Encinal Docks.

US Sailing Prescription Appendix S - Sound-Signal Starting system shall apply.

The starting sequence shall consist of the following sound signals made at the indicated times:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

7. PENALTY SYSTEM

US Sailing Prescription T1 is in effect.

PENALTIES AT THE TIME OF INCIDENT

The first two sentences of rule 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while racing. However, when she may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.’

8. PROTESTS AND REQUESTS FOR REDRESS

All protests and requests for redress shall be filed at the EYC Bar. The protest time limit is 60 minutes after the RC boat has docked. The docking time will be posted on the official notice board. Notices will be posted on the official notice board within 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

9. SCORING

Four races must be completed to constitute a series. If four races are completed then all scores shall count. If five to seven races are completed, a boat’s worst score shall be excluded. If eight or more races are completed, a boat’s two worst scores shall be excluded.